DIMENSIONS Consulting, LLC

LEADERSHIP COACHING &

DEVELOPMENT

Personalized Sessions

One-on-one coaching delivered through a virtual platform for maximum flexibility and impact.

Coaching topics:

- Your **personal style** and priorities
- Workplace motivators and stressors
- Strengthening **relationships** with others
- Your management style
- **Delegating and motivating** others
- Growing your **Emotional Intelligence** (EQ)
- Developing agile emotional agility
- Moving from destructive to **productive conflict**
- Cultivating your **Leadership Style**





Everything DiSC® is a personal and professional learning experience. Coaching activities are based on the DiSC® model and backed by over 40 years of research.

Clients gain insight into their preferences and tendencies, learn to relate better with others, develop emotional agility to adapt to any situation and navigate conflict, and stretch their management and leadership skills to achieve new levels of success.



Matthew Deevers, PhD

Dr. Deevers brings more than 20 years of leadership experience to coaching. He specializes in organizational culture and climate, cultivating relationships and increasing motivation through positive psychology.



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